

Zyklus der Fünf Elemente (Five Elements Cycle)

nomo, 4' 52"

1920 x 1080 px/1440px

2013, revised 2015

Inspired by the theme of a group exhibition the Asian Five Elements philosophy has piqued my interest. I am strongly fascinated by the consideration of situations as stages within a looping cycle of these five elements. I want to describe this wise allegory for the change of situations in my own way in a no-motion video.

For this nomo, referring to the Wu Xing philosophy, I combine photographs of the 5 elements at their natural shape: images of fire, earth, metal, water and wood. By superposition and very slow transitions of those photos the image metamorphoses continuously from one to the next. As soon as all elements have run through the first element turns up again.

The video shows 5 runs of the cycle. At each run I add a new motif to the existing motifs of the same element by superposition. Hereby the scene changes continuously: it becomes more and more detailed and in-depth, as our personal situation becomes more intense by each of our experiences.

In a Nomo (derived from „no motion“), as I call this kind of my videos, I merge photos by superposition and transitions to a floating video. The images, originally static photographs, are interwoven in multiple layers and become new and dynamic sequences. By very slow and precise transitions, according to the „match cut“ of film making, those sequences are transformed continuously and appear slow motion-like.

The video can either be projected on a wall/screen at the aspect ratio of 16:9 or displayed on a flat screen at HD quality. Alternatively a ratio of 4:3 is possible without degradation.

scene from **Zyklus der Fünf Elemente**
(Five Elements Cycle)
see the video on
www.ingeheyen.de/k000w015xl.htm



